Wow, you finally moved out of wen's apartment!
Bravo! wen has been such a force in your life, and I don't know what brought you two together, but I'm glad you got out. Maybe he has some good qualities, but wen sounds so controlling. You don't need him in any way, he's a TOXIC. (That's Bob's word for people with negative energy who it's better to avoid.) I feel like you must be scared, not knowing what will happen after getting out of this relationship. I know it took a lot of strength, but I'm so proud of you. In fact, March is the month of strength nere at Black Feather Farm. Strength is different than endurance it's about maximum force, pushing against comfort, pushing past your limits. You push and push, as hard as you can, towards your goals. It's about physical strength, mental strength, and emotional strength. We've been actualizing this idea by doing daily drills—one hundred push ups, one hundred squats, and one hundred sit ups. This, in addition to our morning meditation, the work we're doing to build our houses and our evening celebrations, has me barely able to keep my eyes open. Tashi has started sleeping with sammy, and she told me the other night she fell as leep while they were having sex. Like, during. But, anyways, I feel good. Maybe my rebirn is coming. I feel like I'm getting stronger just by going through the motions of being strong. Ona, you ARE strong. I've always known this about you in my opinion, wen has been mying to make you small for so long and you were able to tell smallness to fuck off. Like, fuck w. and his post-it notes. I see this really big life for you now.

It's funny. I see you becoming more and more independent (yay, bravo, queen!) meanwhile, I can't imagine my life without the group here at Black Featner Farm. Like, I don't even know now I managed my life before. I've grown to love everyone and the smallness of life here. I mean, it's not a SMALL life at the farm. That's not what I mean. I guess I just mean that life here is very simple. Underneath all the stuff we do, it's simple. I'm given state concept asks and I just do them, end of story. I don't have to make a lot of real decisions, and, in a way, that's been a seaso relief. Bob gave a lecture the other night on the concept of freedom,

saying that freedom, too much freedom, can actually be this oppressive, stifling thing. He thinks people were happier back in the day when people there were less choices. Like, we used to be nappy to choose between vanilla, chocolate. or strawberry ice cream. It was enough. Now there are hundreds of ice cream flavors to choose from, and we can't decide which one to pick, or be happy with the one we picked because we. Suspect we clidn't pick the BEST one. Same with to channels. I actually think my koku has brought me more miserythan joy. I spent so many nights not being able to figure out what to watch between Hulu, Amazon Prime, Netflix, Youtube and all the other channels. Anyway, I'm getting rid of my Koku when I go home. I just don't need the stress in my life anymore.

I'm really interested in your storefront project. We ARE sick Ona, in so many ways - heart sick, brain sick, physically sick, soul sick - and the question I have is, how do we get well? what do we have to do to feel better? It seems like the minute things start to feel better, there are new threats to worry about. Have you heard about the new COVID-19 strains? Are you planning on getting vaccinated? Sometimes I feel just like being alive is an act of strength. This whole year I've felt like I was In a zombie movie, just running and running away from death.

Oh, here's some news! have a dog! A sand-colored mutt wandered onto the farm a couple of weeks ago. He looks like a German Shephard and Lab mix, but there's probably something else in there. I found him hiding behind the trash bins. I put up signs in town, but no one's claimed him, so I've decided to try like a Judy. He acts as if he's mine, and isn't it great the way like a Judy. He acts as if he's mine, and isn't it great the way dogs just give themselves to you so completely? He's got these large, perfect dog eyes and perfect sandy white fur that always smells like rain. I wish I could describe his eyes to you. They're like—wells. Or dark planets with lakes Or—I don't know—moons. I love nim so much already. H's caused some problems for me at the farm, keeping Judy. First of all, Bob doesn't really believe in the concept of pet ownership. He thinks animals should be wild and free. He didn't need to think about my desire to Own another living thing and what that says about me. Because Bob kind of expressed weird about him staying on the farm. One person told me unds undermining Bob by feeding Judy scraps. He's not

allowed inside any of the buildings because everyone agrees with Bob that animals belong outside, but sometimes let him in the kitchen because he banks and whines and scratches at the door. Candace hates this (she thinks it's unsanitary for Judy to be around the food) and puts him right back outside.

I don't know. To be RAD, I don't WANT to give Judy up and I don't think that makes me a bad person. I just don't. Normal people have pets, right? Maybe I AM being cruel and selfish by Reeping Judy. Maybe the fact that I want to keep Judy means that I have no etnics and that I'm a bad person. May be I'm the fucked up one in this situation. I mean, I'm trying hard to be a better person, but also, there's a resistance in me, a rebellion in me, that I don't know how to deal with I mean, I'm torn. I want to take care of other people, but what can I do if Judy doesn't WANT to be free? He just wants to be with me. He was alone he form with how are free? before with no one to look after him and now he has me. But the other thing is that metapo neither Candace or Tashi feel comfortable having Judy in our trailer so I keep naving to leave him outside which feels mean since its still pretty cold outside. He barks at the door all night long and I wu usually end up bringing him inside to sleep with me on the couch. I've been moved to the couch now with candace and Tashi sharing the bed. "Animals belong outside," candace keeps saying with this tight little smile, and tashi keeps insisting that she's allergic even though I haven't seen any evidence of this. They're both mad at me so it been spending a lot of her nights with sammy, but candace is NOT happy. I might need to find a new place to sleep because I am not willing to abandon Judy. The whole thing is really stressful. Like, why can't I just have a dog? It is not that deep. It's a dog.

In other news, we've been blessed here at the farm. Winnie and Veronica, two of Bob's girlfriends, are both pregnant and it's really exciting for us all. Like - LIFE - wow. I know it may seem weird to you that Bob has three girlfriends - it was weird to me too, at first - but I a ctually have come to see it as really beautiful. Bob says his relationships are experiments with freedom and the need to possess things. When women are with Bob, they have an opportunity to work on their issues with possession.

I know I've got issues with possession - clearly, since I'm clinqing to Judy so tightly. Maybe if I had been able to share Chris, I wouldn't have lost him. Anyway, I hear Bob's an amazing lover. He's very, I guess you'd say, very experimental. Like, he does everything. That's what I hear anyway.

We threw a party for Winnie and Veronica when Bob announced the pregnancies. I made this really nice vegan cake that everyone loved. At the party, Insticed that Barb, Bob's other girlfriend, seemed really depressed about the whole thing. I didn't talk to her about it, I just gave her a hug at the party. I think I know how she feels. How can she not feel weird about It? None of us are as evolved as Bob. I know it's our job to be charitable and to be happy about the pomise of new life, but it's hard. It takes strength to get past feeling possessive and any other negative emotion; and really, it's so easy to be a Tokic without realizing it. Ultimate purpose on this earth. As a woman, I can't help feeling my mate? I can't help wondering if I'm just a really broken person. Maybe that's Why I don't have a lover or a baby.

I'm a little worried about the Natural Cafe. I mean, the money stuff. The bank account looks a little weird? To be fair, the money from my ppp loan is gone and business in Moody during the winter sucks even when we're not limited to take-out coffee, but ... still? I didn't want to waste energy worrying about money here at the farm so I promised week I broke down and looked when I checked my proce for folks in Moody just aren't drinking coffee right now? sera left a the cafe for six years. Sera didn't say why and I havent been working at get hold of her for nearly a week. I'me been calling and texting, to go to sleep at night, I worry that the Natural Cafe has flooded. I morry that a pipe has burst and the whale place is window. I know that its stupid, but the Natural Cafe is all I've got besides Judy now—and isn't that pathetic for that to be all I have? A vegan cafe and a dog? I quess I've got my house, two.

make sure that everything is alright, but then Bob told me that it would be really weak of me to abandon everyone during our month of strength. I promised him that I would come back, but ne-it's just really hard to say no to him. I mean, he's given me so much and he's right, the Natural cafe is just a Stoke. What's nappening here at the farm is life stuff, it's soul work. Also, Bob told me if I leave he's not sure when I can come back because the farm is a bubble and we have to be extra careful now with the babies coming.

Anyway, I'm sure sera is on top of everything. She told me before she doesn't really trust banks so I wouldn't be surprised if she was just keeping money in a shoebox in my house. Did I tell you that she's been staying at my house? I think I forgot to tell you that. It just seemed to make sense since she's looking after the store. Why bother to Pay rent when she can stay at my place for free? I like the idea of her hanging out in my space. Maybe some of her positive energy will rub off on it.

Oh, and here's some good news. The first tiny house is finished. It's so cute. It has plumbing and everything. We're waiting for Bob to tell us who gets to more into it. March in Thayer has been interesting to witness. There's less white from all the snow and ice, and more dark branches with little hints of spring to come.

Love, Bea

P.S. If you're thinking about doing a cleansing, hot water with lemon and a ten-minute meditation is a good place to start.